

SUGAR POEM

Sugar is sweet, it's not bitter
But, it sure is deadly

If you want to be Healthy
Less sugar you must get, keeps you mentally wealthy

Adds everywhere being deceitful
Of a commodity surrounded by the suffering of the People

My life has been sweet, No moderation
just you and me, Intoxication

Sugar is not bad But, water is Good
So drink more water and less sugar

Sugar, why are you so sweet
I can't stop having You

You made me addicted and this relationship is impractical

Water is Good...Beneficial and sweet
Sugar is good but it's not good for Me